

Proclamation Parks and Rec Month July 2023

WHEREAS, Parks and Recreation is an integral part of communities throughout this country, including Elizabeth City; and

WHEREAS, Parks and Recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, Parks and Recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders and Alzheimers; and

WHEREAS, Parks and Recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, Parks and Recreation programming and educational activities, such as out-of-school time programming, youth sports and environmental education are critical to childhood development; and

WHEREAS, Parks and Recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses and crime reduction; and

WHEREAS, Parks and Recreation is fundamental to the environmental well-being of our community; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

NOW THEREFORE, BE IT RESOLVED that I, Mayor E. Kirk Rivers designate July 2023 as Parks and Recreation Month in Elizabeth City, and encourage all citizens to enjoy the benefits derived from our Parks and Recreation resources.

Proclaimed this the 10th day of July 2023.

E. Kirk Rivers
Mayor

April Onley, NCCMC
City Clerk